



Lunch Menu

STARTERS

SOUP OF THE DAY seasonally inspired	10
CHIPS & SALSA add black beans, sour cream, avocado mash add pimento cheese sauce 5 add chicken tinga 5	8
CURRIED CRAB CAKES roasted garlic aioli, piquillo vinaigrette, arugula & jicama salad	18
AVOCADO TOAST multigrain toast, avocado mash, shaved vegetables add egg 2 add smoked salmon 6	10

SALADS

CALIFORNIA COBB grilled chicken, romaine, bacon, blue cheese, egg, avocado, tomato, buttermilk-ranch	19
MIXED GREEN SALAD mesclun mix, cucumbers, pickled red onions, heirloom tomatoes, balsamic vinaigrette	11
CHOPPED KALE chopped tuscan kale, cranberries, marcona almonds, citrus vinaigrette, pickled shallot, asiago	14
CAESAR baby romaine, marinated anchovy, black pepper and garlic crouton, parmesan	12
GRILLED SALMON SALAD mixed baby greens, artichokes, greek olives, pickled onions, feta, red wine vinaigrette	19
ADD PROTEIN TO ANY SALAD:	
6 oz. grilled jidori chicken breast	7
6 oz. fried chicken breast	7
5 pcs. shrimp	9
7 oz. grilled salmon	10
8 oz. spice bistro filet	12

ENTREES

SHRIMP & GRITS cheesy grits, selva shrimp, fried egg, old bay	18
ROASTED PORK SANDWICH ciabatta bread, balsamic aioli, shaved radish & fennel, arugula choice of fries, salad, tabbouleh, or coleslaw	16
FRIED CHICKEN SANDWICH rocket arugula, tomato, thousand island dressing, bread & butter pickles, brioche bun choice of fries, salad, tabbouleh, or coleslaw	16
STEAK FRITES 8 oz. bistro filet, béarnaise sauce, frisée, parmesan fries	25
BEN'S BEST BURGER 8 oz. dry aged beef, brioche bun, cheddar cheese, 1000 island, lettuce, tomato, onions, pickle, veggie patty available choice of fries, salad, tabbouleh, or coleslaw	16
CHICKEN TINGA TACOS chicken tinga, corn tortillas, black beans, pickled red onions, corn nuts, cilantro, queso fresco served with avocado mash & tortilla chips	15
HARVEST CLUB SANDWICH roast turkey, lettuce, bacon, tomato, avocado, swiss choice of fries, salad, tabbouleh, or coleslaw	14

SIDES

cheesy grits	6
pimento mac and cheese	
fries	
mesclun with red wine vinaigrette	
cole slaw	
black beans	